Mobility of health workers within the European Union

Personal Experience

Teresa Martínez Andrés

Personal Experience

- Diploma in Nursing , University of Soria (Spain): 2001-2004.
- Working in UK as a Nurse: 2005 – 2007
- Midwifery training, University of York (UK): 2007 – 2008
- Working in UK as a Midwife, Cambridge (UK) 2008 – 2009
- Return to Spain 2010

British Embassy in Spain

http://ukinspain.fco.gov.uk/es

Personal interview and basic English skills

Proposal:

- Staff Nurse
- Indefinite contract 37,5 hours per week
- Annual salary: £20.294
- Travelling expenses included
- Induction Programme (6 weeks):
  - English classes
  - Hospital mandatory training
- Supernumerary nurse
- Accomodation.

Royal United Hospital of Bath

The Trust provides 687 beds

January 2005 –November 2006

- Bath
- Respiratory ward
- Main duties:
  - Care of patients
  - Admission and discharge
  - Nurse in charge (ward bed and shift manager)
  - High Care
- Multidisciplinary team
- Annual appraisal assessment

The NMC code of professional condtuct: standards for conduct, performance and ethics

- Respect the patient or client as an individual
- Obtain consent before you give any treatment or care
- Protect confidential information
- Co-operate with others in the team
- Mantain your professional knowledge and competence
- Be trustworthy
- Act to identify and minimise risk to patient and clients

THE UNIVERSITY of York

University of York

January 2007- June 2009

- Midwifery degree
- 18 months programme
- Annual salary £19,166- £ 21,646
- Personal tutor

- Clinical practice and theoretical learning were integrated throughout the programme, and the students were placed within maternity care settings from the start, gaining clinical experience in both hospitals and in the community, throughout North Yorkshire.

Cambridge University Hospital

The Trust provides 1170 beds

October 2008- November 2009

- NHS job: http://www.jobs.nhs.uk/
- Cambridge
- Addenbrokes-Rosie Hospital (departments)
- Contract of 37,5 hours per week (full time)
- Annual salary £20,225- £26,123
- Induction & professional development pack
- Preceptorship and support
- Supervisors of midwives

Return to spain

- Paper work:
  - P45, P60, E301
- Validate Midwifery degree through the NMC in UK and Health Ministry in Spain.
- Human Resources letters (to verify the worked period).

JOB IN SPAIN

- Vacancies during the Summer
- Permanent job through an official exam and working bank with “points”

DIFFERENCES

- UK
  - Course and supervision of competencies
  - Permanent job
  - Induction + Supernumerary
  - Protocols
  - Help to keep up date
  - Client centred care
  - Detailed medical notes
  - Social package

- Spain
  - Qualified nurse
  - Temporal job
  - No paid training
  - Limited protocols
  - Self direction
  - Less relationship with client
  - Basic record

THANK YOU

DANKE
GRACIAS
MERCI
СПАСИБО
PALDIES
DZIEKUJE
GRAZIE

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